

**GATES COUNTY SCHOOL NUTRITION MENU
JUNE 2022
SEAMLESS SUMMER OPTION PROGRAM**

**Gates County Public Schools
Summer Food Service Program 2022**



**Peanut Butter and Jelly Sandwiches
available upon request**

Meal Pattern Daily Offerings

Food Comp	Breakfast	Lunch
Milk	8oz	8oz
Vegetable/ Fruit	½ cup	½ + ½ = 1Cup
Grains	1grain	1grain
Meat/ Meat Alternate	1oz	2oz

Monday	Tuesday	Wednesday	Thursday	Friday
13 Breakfast Breakfast Pizza Diced Pears/ Fruit Juice Cold Milk Lunch Grilled Chicken Sandwich w/ Bacon Glazed Carrots Steamed Spinach Fruit Cocktails Cold Milk	14 Breakfast Chicken Biscuit Pineapple Tidbits/ Fruit Juice Cold Milk Lunch BBQ on Bun Baked Beans Green Beans Sliced Peaches Cold Milk	15 Breakfast Apple Muffin Applesauce Cup/ Fruit Juice Cold Milk Lunch Pepperoni Pizza Sweet Potato Fries Mixed Vegetables Pear Halves Cold Milk	16 Breakfast Cinnamon Toast Breakfast Bar Sliced Peaches/ Fruit Juice Cold Milk Lunch Hot Ham & Cheese Sandwich on Bun Steamed Broccoli Baby Carrots Fruit Cocktails Cold Milk	17 Breakfast Sausage Biscuit Applesauce/ Fruit Juice Cold Milk Lunch Chicken Fajita Wrap w/ Shredded Cheese Whole Kernel Corn Black Beans Diced Pears Cold Milk
20 Breakfast Chicken Biscuit Mandarin Oranges/ Fruit Juice Cold Milk Lunch Hotdog on Roll French Fries Steamed Spinach Fruit Cocktails Cold Milk	21 Breakfast Breakfast Pizza Applesauce/ Fruit Juice Cold Milk Lunch Grilled Chicken Strip Wrap w/ Dressing Green Beans Sweet Potato Fries Fresh Pear Cold Milk	22 Breakfast Cinnamon Toast Breakfast Bar Pineapple Tidbits /Fruit Juice Cold Milk Lunch Chicken Nuggets Wheat Roll Macaroni & Cheese Green Peas Fresh Orange Cold Milk	23 Breakfast French Toast Diced Pears/ Fruit Juice Cold Milk Lunch Turkey Ham & Cheese Sandwich Mixed Vegetables Baby Carrots Fresh Apple Cold Milk	24 Breakfast Pancake Sausage on Stick Fruit Cocktails/ Fruit Juice Cold Milk Lunch Sloppy Jo on Bun Sweet Potato Fries Baked Beans Sliced Pears Cold Milk
27 Breakfast Apple Muffin Pineapple Tidbits/ Fruit Juice Cold Milk Lunch Pepperoni Pizza Sweet Potato Puffs Whole Kernel Corn Diced Pears Cold Milk	28 Breakfast Chicken Biscuit Fruit Cocktails /Fruit Juice Cold Milk Lunch Oven Roasted Chicken Wheat Roll French Fries Glazed Carrots Applesauce Cup Cold Milk			